



Alberni Valley Bulldogs Summer ID Camp *COVID-19 Safety Plan*

Alberni Valley Bulldogs COVID-19 Club Representative's:

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Last Update: August 10, 2020

Please note: this document is subject to change following provincial and federal health and safety requirements.

This Club COVID-19 Safety Plan has been approved by team President David Michaud and team GM Joe Martin on **August 10, 2020.**

Principles

The following five principles from BC's Restart Plan have been used to guide this document:

Personal Hygiene	Stay Home If Sick	Environmental Hygiene	Safe Social Interactions	Physical Modifications
<ul style="list-style-type: none">• Frequent hand-washing• Cough into your sleeve	<ul style="list-style-type: none">• Routine Daily Screening• Anyone with any symptoms	<ul style="list-style-type: none">• More frequent cleaning• Enhance surface	<ul style="list-style-type: none">• Meet with small numbers of people• Maintain	<ul style="list-style-type: none">• Spacing within rooms or in transit• Room design

<ul style="list-style-type: none"> • Wear a non-medical mask • No Handshaking 	<p>must stay away from others</p> <ul style="list-style-type: none"> • Returning travellers must self-isolate 	<p>sanitation in high touch areas</p> <ul style="list-style-type: none"> • Touch-less technology 	<p>distance between you and others</p> <ul style="list-style-type: none"> • Size of room: the bigger the better • Outdoor over indoor 	<ul style="list-style-type: none"> • Plexi-glass barriers • Movement of people within spaces
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On-Ice Programming Structure

Individual skill based curriculum will be delivered by on ice coaches

- *Facility: Alberni Valley Multiplex*
- Drills and stations that support the ability to maintain physical distancing.
- Adherence to our camp occupancy limit of 20 participants per ice sheet.
- No sharing of equipment.
- Heightened cleaning protocols of high contact touch points supported with the CoPA arena staff.
- The curriculum focus is on the development of individual physical fitness, abilities and skill development.
- Small group size ratios and predetermined training time will be scheduled.
- For further details on the on-ice curriculum please contact joe@alberniavalleybulldogs.ca

Off-Ice Fitness Programming Structure

Individual physical fitness testing

- *Facility: Site 1 - Bob Dailey Stadium.*
- Exercises and Stations that support the ability to maintain physical distancing.
- Adherence to camp occupancy limit of 20 participants per fitness area
- No sharing of equipment as much as possible.
- Heightened cleaning protocols - all shared equipment cleaned between use of participants.
- Focusing on areas of fitness such as; upper body, and cardiovascular system
- For further details on the off-ice dryland fitness session curriculum please contact joe@alberniavalleybulldogs.ca

Alberni Valley Bulldogs Safety Plan Requirements

Facility Access

To access On Ice Sessions in the Alberni Valley Multiplex please complete the following steps:

- Drop off is expected no earlier than 30 minutes prior to the start of the participants ice session and no later than 15 minutes prior to the start of the session.
- **Drop off will take place in the Multiplex Parking lot followed by Attendance Sign in and Daily Screening Checklist(Appendix 1).**
- Participants will follow staff instructions to line up maintaining 2m between yourself and others (hockey stick length away).
- Participants will be **directed to a specific dressing room they will keep for the day and vacate immediately after completion of their last activity.** They must store all their belongings inside their hockey bag.
- **Pack it in Pack it Out:** No garbage cans will be provided at camp. All tape, food wrappers, and other rubbish MUST be taken home with each player and disposed of at home.
- Once dressed the on ice coaches will invite the players onto the ice through the gates around the arena.
- They will place their own water bottle on the top of the player bench clearly labeled with their Full name.
- Following the ice session participants will exit the ice through the arena doors and walk back to their designated area of the dressing room and undress from their skates to their footwear.
- Sanitize hands before commencing fitness session.
- All participants must not congregate in groups when they get dropped off or picked up. To facilitate this, we will have many markers on the ground.
- Parents/guardians will be instructed to drop off and pick up their children ***on time*** without coming into the arena.
- When camp is completed, all individuals must leave promptly. Parents will be reminded to pick up their children on time - max 15 mins after their last session has ended. (**Location: main arena parking lot**).
- Parents/guardians will be instructed to tell their children to follow instructions of all AVB staff when entering and exiting the facility.
- Prior to entering camp each day, ***all individuals*** must fill out the Daily Screening Checklist. Daily checklists will be kept on file. AVB staff will be collecting hard copies upon sign in
- Parents will ensure that their children arrive dressed appropriately for workouts. Dressing room showers will not be permitted for use this year.
- Parents/Guardians that need to speak with an AVB staff member will be asked to do so at time of there participants sign in or sign out time.
- Prior to participating in camp we will require a liability and release waiver, declaration of compliance to COVID-19 document.

Facility Operations

- Maximum Occupancy:
 - Facility 1: Maximum Occupancy for Weyerhauser Arena & Dressing Rooms: 47
 - Facility 2: Maximum Occupancy for Coulson Arena, Dressing Rooms, & Main Lobby: 47
 - Facility 3: Maximum Occupancy for AVM Upper Lobby: 10
 - Maximum Occupancy for AVM Main Lobby Washrooms: 2
 - Maximum Occupancy for AVM Upper Lobby Washrooms: 2
- Facility 4: Maximum Occupancy for Bob Dailey Stadium (Outdoors): 49
- [Signs indicating these occupancy limits](#) are posted clearly in each space.
- We will have staff supporting the appropriate numbers in each space throughout the duration of our camp.
- All participants will avoid bringing unnecessary shared items to camp. (Cell Phones, iPads etc.)
- Unusable areas of each facility will be closed off to participants (eg: Dressing rooms/showers in AVM, water fountains etc)
- Participants will be required to have their own on-ice and off-ice equipment and gear including their own water bottle(s), sticks etc.
- On-ice facility access will be closed to the public/parents and guardians so we can adhere to our occupancy numbers. Public/Parent and Guardians may watch the off-ice dryland fitness sessions from a safe distance at the fence surrounding the Bob Dailey Stadium
- Please email joe@albernivalleybulldogs.ca if you have any further questions regarding operations.
- *The format of each participants schedule has been carefully crafted to maximize there training schedules in an effective blocked amount of time*

Cleaning

AVB Cleaning and Sanitation Protocols:

- Our cleaning products have been approved by Health Canada to disinfect for Sars-Cov-2, the virus that causes COVID-19.
- We have implemented a cleaning log that is kept with our staff at each facility.
- The City of Port Alberni (CoPA) will take responsibility in cleaning the high contact points inside the Alberni Valley Multiplex.
- AVB will cooperate with CoPA to clean all high contact surfaces in use eg: Sign in tables, fitness equipment, plastic arena chairs inside/outside between groups etc.)
- Off-ice dryland fitness equipment and skill session equipment will be disinfected between each user when possible.
- We will not use equipment made of cloth like material that cannot be properly cleaned and disinfected eg: Sandbags
- There will be a final nightly clean after the last group at each facility has departed which will include disinfecting of all the surfaces and equipment used. This will be completed in addition to cleaning processes during daily operations.

Communication

AVB will inform families of protocols prior to the surrounding Port Alberni community. This will include information on camp:

- Screening protocols
 - Illness Policy (Appendix 2)
 - Personal hygiene requirements
 - Physical distancing requirements outside and inside the facility
 - Cleaning protocols
 - Programming changes (e.g. limitations on number of people permitted inside of the facility at once etc.)
- AVB will have various signage resources and posters provided by the BC Centre for Disease Control (CDC), WorkSafeBC and viaSport on our website, newsletters, facility entrances/exits, and in prominent places throughout each of our facilities.
 - We have appointed David Michaud 250-801-0647- as a single point of contact to address all COVID-19-related communications, compliance, and coordination in camp.

PLEASE NOTE: Insurance claims related to the transmission of COVID-19 will not be covered by AVB insurance policies. Prior to participating in any programming, **all participants including staff** must complete the required Liability Waiver and Declaration of Compliance document.

Staff Training

- Formal staff training for AVB will be provided to our staff to address the COVID-19 Safety Plan and programming modifications via ZOOM prior to the start of our camp.
- AVB will put together a summarized document and entry into the facility video to show participants what to expect at camp.
- Staff will contact David or Joe if they have questions or concerns as they settle into their roles.

Screening

- AVB requires that **prior to entering our facility**, all individuals (including our staff) must complete the Daily Screening Checklist (Appendix 1)
 - This form (Appendix 1) must be filled out **each day** prior to entering our facility and each box must answer 'NO' for a successful screen and entry into the facility.
- Individuals must stay home if they are unwell or if someone in their household is sick, even if the symptoms are mild. They must also stay home if they have knowingly been exposed to someone who is sick (Refer to Illness Policy – Appendix 2).
- Individuals must not enter the facility or participate in any activity if they have, or someone from their household has, travelled outside of Canada in the last 14 days.

Personal Hygiene

- AVB will provide hand-washing and/or sanitizing stations;
 - Sign in and Sign out tables
 - Upon entry way into the AVM facility
 - Upon exit from the AVM facility
 - Upon arrival to the designated off-ice dryland/skills training space
 - Upon departure from the designated off-ice dryland/skills training space
- AVB will ask each individual upon entry to their day at camp to sanitize their hands prior to making contact with any surfaces.
- Hand-washing or sanitizing will be required at a minimum upon entering the facility, after using the washroom, and between stations.
- All participants should arrive dressed for their session and only bring what they need in a marked hockey bag (e.g. snack/lunch, hat, sunscreen, full water bottle, hand sanitizer, tape, etc.).
- Sharing of personal items including (but not limited to) food and beverages (e.g. water bottles) is forbidden.
- All garbage (food wrappers, hockey tape, etc) brought to camp by an athlete will be taken home by the athlete. No garbage receptacles will be available in dressing rooms.
- Use of masks upon entry/exit/washroom in the facility is allowed. Masks will not be worn during activity sessions. Staff will wear masks when physical distance of 2m cannot be maintained and in situations if a participant becomes injured.

Physical Distancing

- Everyone who enters the Multiplex must maintain, at minimum, a physical distance of 2 meters, at all times.
- AVB Coaches on and off the ice will also adhere to the 2 meters physical distancing rule
- Signage will be posted around the camp to remind everyone to maintain 2 meters

Scheduling of Activities

- In order to meet provincial health officer requirements, groups sizes and scheduling are being adjusted and posted here: www.albervalleybulldogs.ca
- Detailed attendance tracking of all participants/staff on site will be documented and kept on file.

Injury Protocol

AVB Requirements

- If an injury occurs and physical distancing measures must be broken, all persons attending to the injured individual will put on a mask and gloves.
- AVB staff will have a basic first aid kit at each location containing personal protective equipment (PPE) on hand (gloves, masks), stored separately from our main large first-aid kit which is located in the designated First Aid room at the arena.
- We will have a Certified Athletic Therapist on staff

Illness Policy

- AVB Illness Policy is provided in Appendix 2

Outbreak Response

AVB is committed to the following process in the event of a COVID-19 Outbreak:

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An "outbreak" is two or more cases; a "case" is a single case of COVID-19.

1. If a case or outbreak is reported, David Michaud 250-801-0647 will be the main point of contact for all parties. Kerry has the authority to modify, restrict, postpone or cancel any or all camp activities.
2. If staff (including volunteers) or a participant reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, David Michaud will implement enhanced cleaning measures to reduce risk of transmission.
3. David will implement the illness policy (see Appendix 2) and advise individuals to:
 - a. Call 8-1-1 and follow the direction of the local health authorities
 - b. monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat

and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

- c. use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed.
 - i. Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.
 - ii. Individuals can learn more about how to manage their illness [here](#).

4. In the event of a confirmed case or outbreak of influenza-like-illness, David will immediately report and discuss the suspected outbreak with the Medical Health Officer at our local health authority. ***If AVB is contacted by a medical health officer in the course of contact tracing, all individuals associated with the camp must cooperate with local health authorities instruction.***

AVB will post the following posters in visible spaces at our facility:

<p>BC Center for Disease Control Posters:</p> <p>Hand-washing poster (more detailed)</p> <p>Physical distancing (At entrance and in other spaces)</p>	<p>WorkSafe BC Posters:</p> <p>Entry check for visitors (at Entrance)</p> <p>Occupancy limit poster (in each applicable space)</p> <p>Cover coughs and sneezes</p>
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Appendix 1 - Daily Screening Checklist

Appendix 2 - AVB Illness Policy

Appendix 3 - Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement

Appendix 4 - Participation Declaration of Compliance Form

Appendix 5: Camp Facilities Map

This document is based on WorkSafeBC COVID-19 safety plan, [viaSport Return to Sport COVID-19 Plan](#), which is available here. Further, our camp is staying current with all requirements provided by Provincial Health Offices, Regional Health Authorities, WorkSafeBC, and the City of Port Alberni

Appendix 1: Daily Screening Checklist

AVB Daily Screening Checklist

Today's Date:		Activity Start Time:	
Participant Name:		Player Group:	

1.	Do you have any of the symptoms below? Please check mark your answer		
	• Fever (greater than 38.0°C) and/or chills	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Coughing	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Sneezing	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Sore Throat and/or painful swallowing	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Stuffy and/or runny nose	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Fatigue related to illness*	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Loss of appetite	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Shortness of Breath	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Loss of sense of smell	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Headache	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	• Muscle Aches related to illness	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2.	Have you, or has anyone in your household travelled outside	<input type="checkbox"/> Yes	<input type="checkbox"/> No

	of Canada in the last 14 days?		
3.	Have you, or has anyone in your household been in contact in the last 14 days with someone who is being investigated or who has a confirmed case for COVID-19?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
4.	Are you currently being investigated as a suspect case of COVID-19?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5.	Have you tested positive for COVID-19 in the past 10 days?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Participant or Parent/Guardian (under 18)

Name: _____ Signature: _____

Emergency Contact #: _____ Name/Relationship: _____

Staff Name: _____ Signature: _____

*Note: Fatigue and muscle aches may be expected as athletes return to sport. All participants, parents/guardians of minors, and camp personnel must determine the difference between this and symptoms of illness. If Seasonal Allergies are of concerns please contact us by emailing david@albernavalleybulldogs.ca

Appendix 2: AVB Illness Policy

In this policy, "Team member" includes an employee, volunteer, participant or parent/spectator.

1. Inform an individual in a position of authority (staff or camp owner) immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. Assessment

- a. Team members must review the self-assessment signage located throughout the facility each morning before their shift/practice/activity to attest that they are not feeling any of the COVID 19 symptoms.
- b. Coaches/Owner(s) will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.
- c. If Team Members are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self assessment tool.

3. If a Team Member is feeling sick with COVID-19 symptoms

- a. Inform WCHPC staff members right away via phone and they should remain at home and contact Health Link BC at 8-1-1.
- b. If they feel sick and /or are showing symptoms while at work, they will be sent home immediately and requested to contact 8-1-1 or a doctor for further guidance.
- c. No Team Member may participate in a practice/activity if they are symptomatic.

4. If a Team Member tests positive for COVID-19

- a. The Team Member will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus and a doctor's note is provided.
- b. Any Team Members who work/play closely with the infected Team Member will also be removed from the workplace/practice/facility for at least 14 days to ensure the infection does not spread further.
- c. We will close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially been infected/touched.

5. If a Team Member has been tested and is waiting for the results of a COVID-19 Test

- a. As with the confirmed case, the Team Member must be removed from the workplace/practice/facility.
- b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.
- c. The workspace/practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

6. If a Team Member has come in to contact with someone who is confirmed to have COVID-19:

- a. Team Members must advise ownership if they reasonably believe they have been exposed to COVID-19.
- b. Once the contact is confirmed, the Team Member will be removed from the workplace/practice/activity and follow the guidance and advice of the public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.
- c. The workspace/activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

7. Quarantine or Self-Isolate if:

- a. Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self isolate.
- b. Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- c. Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- d. Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.

Appendix 3: Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement

RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT

(hereinafter the “Release Agreement”)

BY SIGNING THIS RELEASE AGREEMENT, YOU WILL WAIVE OR GIVE UP CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE FOR NEGLIGENCE, BREACH OF CONTRACT OR BREACH OF THE OCCUPIERS LIABILITY ACT OR CLAIM COMPENSATION FOLLOWING AN ACCIDENT

PLEASE READ CAREFULLY!

INITIAL:

Name of Participant	Last	First		
Parent or Guardian if participant is under age 19	Last	First		
Address	Street	City	Prov	
Country	Postal Code	Email	Date of Birth: Day / Month / Year	Age

To: ALBERNI VALLEY BULLDOG CAMP PARTICIPANTS and the directors, employees, participants, coaches, volunteers, independent contractors, subcontractors, representatives, successors, City of Port Alberni directive and all owners, operators or occupiers, of the facilities in which the Alberni Valley Bulldogs activities, as defined below, take place (all of whom hereinafter collectively referred to as the “**Releasees**”)

DEFINITIONS - In this release agreement, the term “**Alberni Valley Bulldogs**” shall include all orientation, training, instruction, supervision, services and use of the facilities and the equipment which are organized, provided, controlled or conducted by the Releasees

ASSUMPTION OF RISKS – Alberni Valley Bulldogs Camp activities involve various risks, dangers and hazards, which can result in serious injuries or death. Please take the time to learn about the risks, dangers and hazards of participating in

AVB Camp activities by reviewing the training schedule on our website. Exposure to infectious disease including COVID-19 is one of the risks of participating in AVB activities. Specific information regarding the response of AVB and the COVID-19 pandemic can be found in our COVID-19 Safety Plan posted on our website. If you are a parent or guardian of a participant under the age of 19, please educate your child on these risks, dangers and hazards before completing this form. All participants in AVB Camp activities are required to assume all such risks, dangers and hazards and all injuries resulting therefrom.

I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH AVB CAMP ACTIVITIES AND I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE OR LOSS RESULTING THEREFROM.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT (applies to person 19 years of age and older) in consideration of **THE RELEASEES** allowing me to participate in AVB Camp activities, I hereby agree as follows:

1. **TO WAIVE ANY AND ALL CLAIMS** that I have or may in the future have against **THE RELEASEES** and **TO RELEASE THE RELEASEES** from any and all liability for any loss, damage, expense or injury including death that I may suffer or that my next of kin may suffer as a result of my participation in AVB camp activities, **DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE OCCUPIERS LIABILITY ACT, R.S.B.C. 1996, c. 337, ON THE PART OF THE RELEASEES. I UNDERSTAND THAT NEGLIGENCE INCLUDES FAILURE ON THE PART OF THE RELEASEES TO TAKE REASONABLE STEPS TO SAFEGUARD OR PROTECT ME FROM OR WARN ME OF THE RISKS, DANGERS AND HAZARDS OF PARTICIPATING IN Alberni Valley Bulldogs CAMP ACTIVITIES;**
2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any property damage or personal injury to any third party resulting from my participation in AVB activities;
3. This Release Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of death and incapacity;
4. This Release Agreement any any rights, duties and obligations as between the parties to this Release Agreement shall be governed by and interpreted solely in accordance with the laws of British Columbia and no other jurisdiction; and
5. Any litigation involving the parties to this Release Agreement shall be brought solely within British Columbia and shall be within the exclusive jurisdiction of the Courts of British Columbia.

In entering into this Release Agreement I am not relying on any oral or written representations or statements made by the Releasees with respect to the safety of AVB Camp activities, other than what is set forth in this Release Agreement.

I CONFIRM THAT I HAVE READ AND UNDERSTAND THIS RELEASE AGREEMENT AND I AM AWARE THAT BY SIGNING THIS RELEASE AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEES.

Dated this _____ day of _____ 20_____	Signature of Participant
Signature of Witness	Please Print Name
Please Print Name	Signature of parent or guardian if participant is under age 19

Appendix 4: Participation Declaration of Compliance Form

Name of Participant:	
Parent or Guardian (<i>if the participant is under age 19</i>):	
Email:	
Telephone:	

Attention: All participants entering AVB Camp must comply with this declaration.

By signing this document, I agree to follow club staff directives, and engage with all camp requirements in AVB Camp COVID-19 Safety Plan. Additionally, I hereby acknowledge and agree to respect the following information outlined in this document:

1. Sickness

- a. I will stay home if I am unwell, or if someone in my household is unwell, or is displaying the following symptoms:

<ul style="list-style-type: none"> ● Fever and Chills ● Cough ● Shortness of Breath ● Sore throat and painful swallowing 	<ul style="list-style-type: none"> ● Stuffy or runny nose ● Loss of sense of smell ● Headache ● Fatigue, etc.
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- b. I confirm that I have not knowingly been in contact with a person that has a confirmed or suspected case of COVID-19.
- c. I agree to complete a routine daily screening process prior to the start of camp each day.
- d. I confirm that I have not travelled outside of Canada in the last 14 days. Additionally, I confirm that I have not been knowingly exposed to someone who has travelled outside of Canada in the last 14 days.
- e. I acknowledge there are inherent risks associated with participating in activities. By attending club activities, I understand and assume all risks associated with potential exposure of COVID-19.

2. Personal Hygiene:

- a. I agree to follow all personal hygiene requirements set out by AVB, including but not limited to: frequent hand-washing and sanitizing, coughing and sneezing into my sleeve, etc.

3. Physical distancing:

- a. I agree to practice safe social interactions, by maintaining a minimum distance of two meters between myself and others.

4. Environmental Hygiene:

- a. I agree to adhere to all camp cleaning requirements.

5. Physical Modifications

- a. I understand that equipment may be limited in order to facilitate safe social interactions and physical distancing.

Additionally, I understand and agree that if I do not adhere to the requirements set out by AVB, I may be asked to leave the camp in order to protect the health and safety of all involved without refund or credit.

This Participant Declaration of Compliance will remain in effect until AVB determines it is no longer required, based on viaSport, PHO, and WorkSafeBC requirements.

I also confirm that I have signed (Parent or Guardian if participant is under age 19) the Release of liability, Waiver of claims, assumption of risks and indemnity agreement.

Signature: _____ Date: _____
Participant

Signature: _____ Date: _____
Parent/Guardian if participant in under age 19

Appendix 5: Camp Facilities Map

